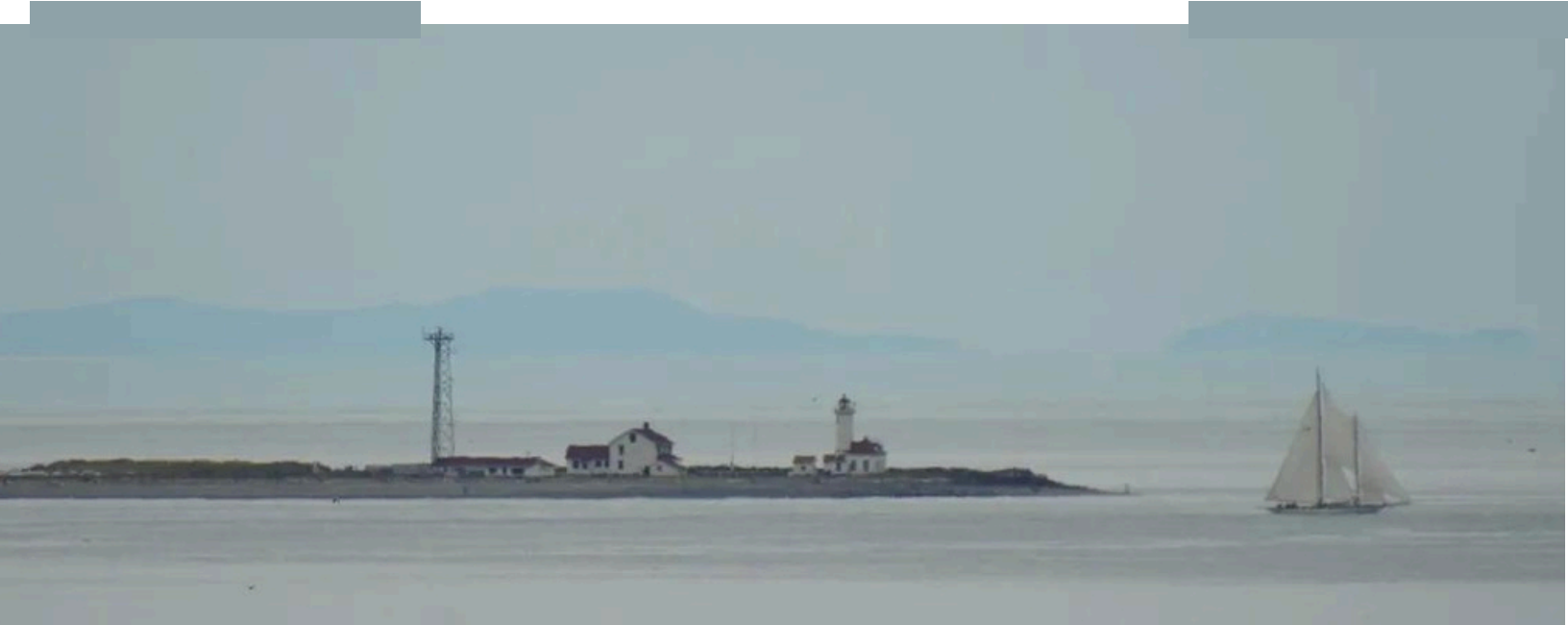


SALISH SEA FELLOWSHIP

A Religious Community with Open Hearts and Open Minds



WWW.SALISHSEAFELLOWSHIP.ORG

**ALL ARE
WELCOME**

>>> ABOUT US

The Salish Sea Fellowship is a center for liberal religion providing an independent educational, spiritual and liberal religious community of mutual support that embraces the traditional *seven principles* of Unitarian Universalism. This is our Community Update for our friends and members. If you have anything you would like to tell the community, please let us know at salishseafellowship@gmail.com.

HOW TO FIND US <<<

We meet in-person at the Community United Methodist Church (CUMC) in Port Hadlock, 130 Church Lane. You may also access the Sunday services online. Click [HERE](#) for our Zoom link for viewing our services, or go to Zoom and enter Meeting ID: 844 7353 7286, Passcode: 753350.

**JOIN US
IN
COMMUNITY**



JIM GOLDEN:

**THINGS I'VE LEARNED/RE-LEARNED/HAVE-YET-TO-LEARN, ALONG THE WAY
- UPDATED**

3RD SUNDAY SERVICE, OCTOBER 20, 4 PM AT CUMC

Jim says, "In July 2018 I gave a sermon at QUUF entitled "Things I've Learned/Re-Learned/Have-Yet-to-Learn, Along the Way" In it, I applied the sermon title to a variety of events in my life. Well, it's now 6 years later, and a lot has changed over that time. So I'm going to update that sermon, with progress (or lack thereof) in some areas, the disappearance of others that have sunk to irrelevancy, and the addition of a couple lessons I didn't even know existed in 2018. It will be served with a heavy dose on my sense of humor which, per my high school yearbook, is "not universally appreciated". Some things never change."

Bio: Jim is a lifelong Unitarian, and has been active in QUUF, and more recently SSF, since he and Kendra moved to PT in 2000. His education and career is pretty much irrelevant to this talk, with the possible exception of two items that greatly disappointed his grandparents: attending Yale rather than Harvard, and not becoming a doctor.



CURTIS WHITE:

**CURTIS WHITE IS A RETIRED PROFESSOR WITH AN INTEREST
IN BUDDHISM, AND THE AUTHOR OF NUMEROUS BOOKS**

1ST SUNDAY SERVICE, NOVEMBER 3RD, 4 PM AT CUMC

Curtis White is a novelist and social critic whose works include *Memories of My Father*, *Watching TV*, *The Middle Mind*, and, more recently, *The Science Delusion*, *We Robots*, and *Lacking Character*. His essays have appeared in *Harpers* and *Tricycle*. Curtis taught English at Illinois State University. To learn more about Curtis and his newest book, *Transcendent: Art and Dharma in a Time of Collapse*, you may read an article from the Port Townsend Leader [HERE](#).

WHERE TO WATCH



Services you missed, are available [HERE](#). Sunday services that are available include the sermon and readings. Also, we now have 13 subscribers to our YouTube channel! You may access our YouTube channel [HERE](#). Finally, you may also click [HERE](#) to access our Sunday services live on Zoom.

CARING AND CONCERNS TEAM

Yes, we all have needs at one time or another!

Sometimes a kind word or deed is enough, but we at SSF want to be able to organize for longer-term health disruptions.

Would you be willing to let Karen Wamstad know which of the following tasks you would be able to take on as your schedule allows? For example:

- **making a home visit (or zoom or phone check-in)**
- **providing a ride to medical appointments or to fellowship services & events**
- **grocery shopping**
- **setting up occasional coffee dates in town**
- **providing a meal from time to time**
- **performing light household tasks (taking trash/recycling out, reorganizing a storage area so that items are in safe reach, doing laundry, changing a bed)**
- **offering a guest room to a relative/friend visiting from out of town**

Please reach out to Karen via salishseafellowship@gmail.com to be on a list of helpers for specific tasks or to notify Karen of someone who wishes to receive personal contact/help from our Team. Names of people in need will never be used in Joys & Sorrows or in this newsletter without their explicit permission to do so.

FROM YOUR BOARD:

RON STRANGE, GARY NELSON, JUDY KING, ROB WAMSTAD & NILS PEDERSEN

The Salish Sea Board will next meet **Tuesday, November 19th**. If you are interested in attending, please contact us at salishseafellowship@gmail.com.

COMMUNITY AND CONNECTEDNESS

At our last potluck, we explored ways to deepen our connectedness. As we noted, gathering in small groups with food was a dominant choice! If you would like to join an initial small group meeting to work on priorities and details, please send a note to Karen Wamstad at salishseafellowship@gmail.com.

MEMBERSHIP

We welcome all those interested in our spiritual community. If you would like to join us, please simply fill out the application form [HERE](#) and return it to our Membership Chair, Judy McCutchen, at judy@eagleroost.net or by snail mail to 2775 Claremont Street, Port Townsend, WA 98368. Your contact information may be shared among members of the Fellowship, but will otherwise be kept confidential. You officially become a member once our board of directors approves the application.

ALPs (Adult Learning Programs)

Sign up now! The Fall ALPs Program is underway and includes a number of exciting classes and field trips. **Programs coming in November:**

- Nov 1 or Dec 5: **Port Townsend Water Plant Field Trip** with Rob Wamstad
- Nov 7 and continuing: **Political & Current Affairs Discussion** with Martha Moyer
- Nov 9: **Cooking with Chilies** with Judy King
- Nov 11 through Dec 9: **Comparative Cultures** with Ken Ing
- Nov 12 through Dec 10: **Modern Science & Its Consequences** with Ansu John
- Nov 13 & 20: **The Race Amity Movement** with Kirit Bhansali & Joyce Francis
- Nov 15: **Making Beaded Flag Pins** with Joyce Francis

You may access the brochure with full descriptions and signup instructions on our website [HERE](#), or on SignUpGenius at <https://tinyurl.com/SSF-ALPs2024Fall>.

CUMC BELL CHOIR



The Community United Methodist Church Bell Choir would like to invite any Salish Sea Fellowship members and friends to join them! The group meets at 10:30 on Tuesday mornings in the conference room (beyond the nursery) at the church. They currently have 6 bell members and would love to add more! It is important to be able to ready music, but they can teach the rest, such as how to hold the bells, or ring them, and the different styles of ringing. They have a director, and just a lot of fun! Their group is currently beginning preparations for the Holiday Season. Please contact Kathi VanCamp at cumc@olympus.net to join along!

SOUP SUPPORT



Salish Sea Fellowship volunteers will provide soup and meal assistance at the Community United Methodist Church (CUMC) soup kitchen on October 19 and November 16. Thank you! Now we are looking ahead to December 21, and the third Saturday of future months. We need two folks to each deliver a gallon of soup (which you can make at home) to the church by 9:45. One soup needs to be veggie and the other can have meat. The church has crockpots to borrow, or you can bring soup in your own pot and transfer it or keep it warm on the stove. Help with set-up, serving, and clean-up is also valuable. Lori Oberlander of CUMC will be on hand to show volunteers what's needed. If you would like to be added to the list of folks who might provide soup and/or assist on a future third Saturday between 10 and 1 or 1:30, or if you have any questions, please contact Kate Madson at kmadson3of9@gmail.com or Kendra Golden at kendrajgolden@gmail.com. (Please note that they will both be away until October 17.)

TUESDAYS WITH TAI



Contemplative journeys for *Returning to Silence*. Learn universal contemplations for embodied awareness & inter-being. No long sitting periods, chairs / pillows provided. These free workshops taught by best-selling *Buddha in Blue Jeans* author and Zen contemplative, Tai Sheridan. Beginning Tuesday October 8th through December: free workshop from 10:00 am -11:30 am at 821 Washington St Port Townsend, For more info: TaiTuesdays@gmail.com or www.taisheridan.com

THE GOOD OF THE ORDER



If you have announcements you'd like to make, suggestions for this Update, or anything else on your mind about our community, let us know at SalishSeaFellowship@gmail.com.