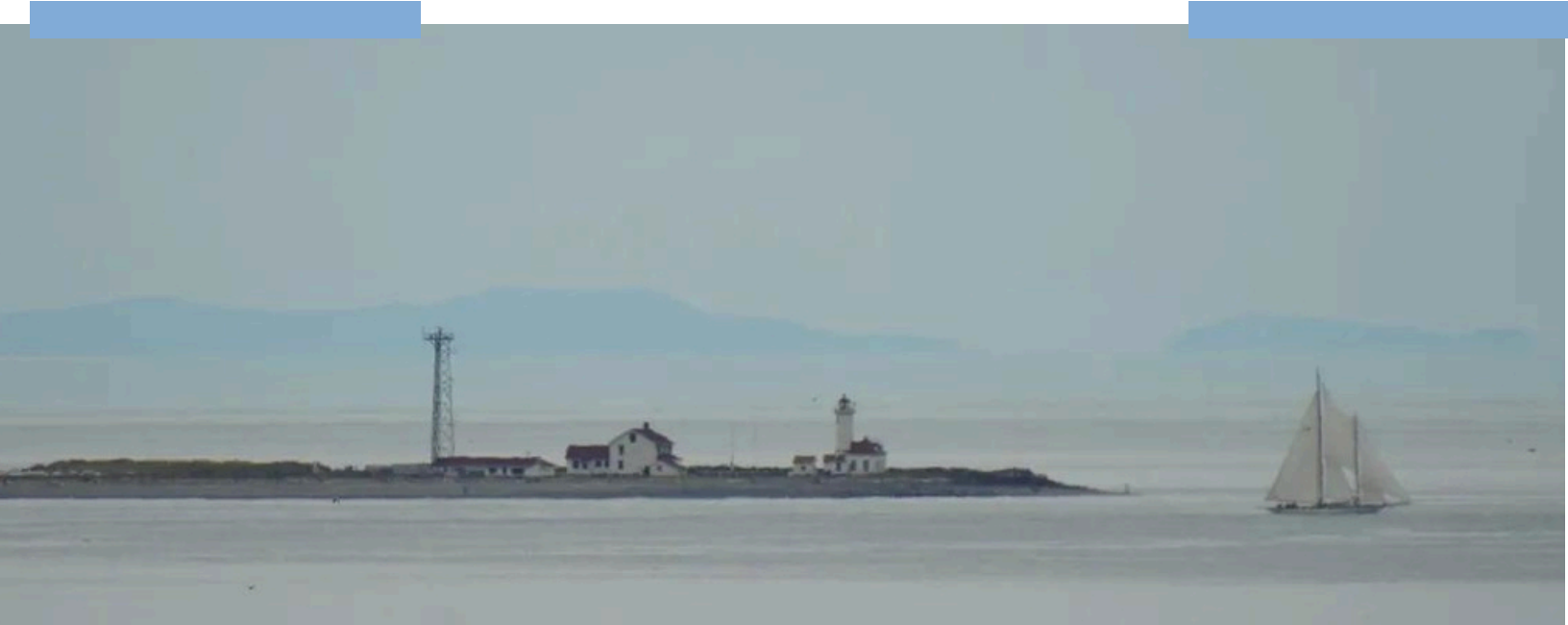


>>> COMMUNITY UPDATE <<<

SALISH SEA FELLOWSHIP

A Religious Community with Open Hearts and Open Minds



WWW.SALISHSEAFELLOWSHIP.ORG

**ALL ARE
WELCOME**

>>> ABOUT US

The Salish Sea Fellowship is a center for liberal religion providing an independent educational, spiritual and liberal religious community of mutual support that embraces the traditional *seven principles* of Unitarian Universalism. This is our Community Update for our friends and members. If you have anything you would like to tell the community, please let us know at salishseafellowship@gmail.com.

HOW TO FIND US <<<

We meet in-person at the Community United Methodist Church (CUMC) in Port Hadlock, 130 Church Lane.

You may also access the Sunday services online. Click [HERE](#) for our Zoom link for viewing our services, or go to Zoom and enter Meeting ID: 844 7353 7286, Passcode: 753350.

**UPCOMING
SERVICES
AND EVENTS**

UPCOMING EVENTS



JOSEPH BEDNARIK: SEX AND THE DICTIONARY **1ST SUNDAY SERVICE, OCTOBER 6, 4 PM AT CUMC**

Book bans are on the rise in the United States and, in response to a recently passed state law, a school district in Florida temporarily removed dictionaries from library shelves so they could be reviewed for their sexual content. This Sunday, as a counterweight, we celebrate human sexuality and the Our Whole Lives (OWL) sexuality education program offered by UU congregations throughout the country.

>>> SALISH SEA COMMUNITY POTLUCK **2ND SUNDAY, OCTOBER 13, 5 PM AT CUMC**

Doors open at 4:30 to allow for more socializing. Please RSVP to salishseafellowship@gmail.com so we know how many to expect, and as always, bring your own beverages and table settings, as well as a dish to share.



JIM GOLDEN: **THINGS I'VE LEARNED/RE-LEARNED/HAVE-YET-TO-LEARN, ALONG THE WAY** **- UPDATE** **3RD SUNDAY SERVICE, OCTOBER 20, 4 PM AT CUMC**

In 2018 Jim gave a sermon of the same title. Now 6 years later a lot has changed. Some have disappeared, some become irrelevant, and some lessons learned.

WHERE TO WATCH



Services you missed, are available [HERE](#). Sunday services that are available include the sermon and readings. Also, we now have 9 subscribers to our youtube channel! You may also click [HERE](#) to access our Sunday services live on Zoom.

CARING AND CONCERNS TEAM

Yes, we all have needs at one time or another!

Sometimes a kind word or deed is enough, but we at SSF want to be able to organize for longer-term health disruptions.

Would you be willing to let Karen Wamstad know which of the following tasks you would be able to take on as your schedule allows? For example:

- **making a home visit (or zoom or phone check-in)**
- **providing a ride to medical appointments or to fellowship services & events**
- **grocery shopping**
- **setting up occasional coffee dates in town**
- **providing a meal from time to time**
- **performing light household tasks (taking trash/recycling out, reorganizing a storage area so that items are in safe reach, doing laundry, changing a bed)**
- **offering a guest room to a relative/friend visiting from out of town**

Please reach out to Karen via salishseafellowship@gmail.com to be on a list of helpers for specific tasks or to notify Karen of someone who wishes to receive personal contact/help from our Team. Names of people in need will never be used in Joys & Sorrows or in this newsletter without their explicit permission to do so.

FROM YOUR BOARD:

RON STRANGE, GARY NELSON, JUDY KING, ROB WAMSTAD & NILS PEDERSEN

The board next meets on **October 9, 2024**. If you are interested in coming to our meeting, please let us know by dropping an email to salishseafellowship@gmail.com. We will be working on our plans for the rest of the year, especially the annual meeting, elections, 2025 budget and pledge campaign. In the meantime, please consider how you might help. We can use volunteers in many different ways!

COMMUNITY AND CONNECTEDNESS

At our last potluck, we explored ways to deepen our connectedness. As we noted, gathering in small groups with food was a dominant choice! If you would like to join an initial small group meeting to work on priorities and details, please send a note to Karen Wamstad at salishseafellowship@gmail.com.

MEMBERSHIP

We welcome all those interested in our spiritual community. If you would like to join us, please simply fill out the application form [HERE](#) and return it to our Membership Chair, Judy McCutchen, at judy@eagleroost.net or by snail mail to 2775 Claremont Street, Port Townsend, WA 98368. Your contact information may be shared among members of the Fellowship but will otherwise be kept confidential. You officially become a member once our board of directors approves the application.

ALPs (Adult Learning Programs)

Sign up now! The Fall ALPs Program is underway and includes 14 exciting classes and field trips. Programs coming in October:

- Oct 3 - Supreme Court of the United States with Nils Pedersen & Joyce Francis (via Zoom through JC Library)
- Oct 8 - Old Age: A Jungian Appraisal with Ron Strange (at PT Library)
- Oct 9 - Supreme Court of the United States with Nils Pedersen & Joyce Francis (in person at CUMC)
- Oct 11 - Local Birding Field Trip with Dave Rugh & Penny Ridderbusch

You may access the brochure with full descriptions and signup instructions on our website [HERE](#), or on SignUpGenius at <https://tinyurl.com/SSF-ALPs2024Fall>. Just a note, the ALPS class list will no longer be included in the Community Update moving forward, but will always be available on the website.

NAUA/ SPOKANE EVENTS



UPDATE: We will no longer include NAUA/Spokane events in either the Community Update or through email. Rest assured you may always access upcoming NAUA/Spokane event information on the Salish Sea Fellowship website [HERE](#). October's offerings have been updated.

WELCOME TO THE TEAM



Lily Gold is so excited to have joined this fellowship of dynamic humans as your new administrative assistant! Please reach out to Lily at salishseafellowship@gmail.com with any questions, comments, or suggestions. Lily is here to help!

SOUP SUPPORT



Salish Sea Fellowship volunteers will provide soup and meal assistance at the Community United Methodist Church (CUMC) soup kitchen on October 19 and November 16. Thank you! Now we are looking ahead to December 21 and the third Saturday of future months.

We need two folks to each deliver a gallon of soup (which you can make at home) to the church by 9:45. One soup needs to be vegie and the other can have meat. The church has crockpots to borrow, or you can bring soup in your own pot and transfer it or keep it warm on the stove. Help with set-up, serving and clean-up is also valuable. Lori Oberlander of CUMC will be on hand to show volunteers what's needed.

If you would like to be added to the list of folks who might provide soup and/or assist on a future third Saturday between 10 and 1 or 1:30, or if you have any questions, please contact Kate Madson at kmadson3of9@gmail.com or Kendra Golden at kendrajgolden@gmail.com. (Please note that we will both be away until October 17.)

TUESDAYS WITH TAI



Contemplative journeys for *Returning to Silence*. Learn universal contemplations for embodied awareness & inter-being. No long sitting periods, chairs / pillows provided. These free workshops taught by best-selling *Buddha in Blue Jeans* author and Zen contemplative, Tai Sheridan. Beginning Tuesday October 8th through December: free workshop from 10:00 am -11:30 am at 821 Washington St Port Townsend, For more info: TaiTuesdays@gmail.com or www.taisheridan.com

THE GOOD OF THE ORDER



If you have announcements you'd like to make, suggestions for this Update, or anything else on your mind about our community, let us know at SalishSeaFellowship@gmail.com.